

## PROFESSIONAL INFORMATION

### COMPLEMENTARY MEDICINE: Health Supplement

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

**SCHEDULING STATUS:** **S0**

### 1. NAME OF THE MEDICINAL PRODUCT

Xtreme C Tablets

### 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each tablet contains:  
Ascorbic Acid 1000 mg  
Citrus Bioflavonoids 10 mg  
For the full list of excipients, see section 6.1.

### 3. PHARMACEUTICAL FORM

Round, off-white tablets with spots.

### 4. CLINICAL PARTICULARS

#### 4.1 Therapeutic indications

Supports healthy immune function and contributes to normal collagen formation which helps with wound healing and the development and maintenance of bones, cartilage, teeth and gums.

#### 4.2 Posology and method of administration

##### Posology

##### Adults:

Take 1 tablet a day, after food with a full glass of water.

Maximum daily dosage is 1000 mg.

##### Elderly:

As for other adults. As the dietary intake of vitamin C may be less in the elderly, they have greater risk of presenting with vitamin C deficiency.

##### Children:

Children 9-13 years old

Take 1 tablet a day, after food with a full glass of water.

Children 14-18 years old

Take 1 tablet daily, after food with a full glass of water.

Do not exceed the recommended daily dosage

##### Method of administration

For oral administration.

#### 4.3 Contraindications

Hypersensitivity to the active substance or to any of the excipients listed in section 6.1.

It is a supplement and not intended for a specific vitamin deficiency.

#### 4.4 Special warnings and precautions for use

Keep out of reach of children.

Unless otherwise prescribed, do not exceed the stated recommended daily dosage.

Vitamin supplements should not replace a balanced diet.

#### 4.5 Interaction with other medicinal products and other forms of interaction

None known at the recommended dosage.

#### 4.6 Fertility, pregnancy and lactation

##### Pregnancy and Lactation

Safety in pregnancy and lactation has not been established.

#### 4.7 Effects on ability to drive and use machines

Ascorbic acid has no known effect on an individual's ability to drive or operate machinery.

#### 4.8 Undesirable effects

Allergic reactions have been reported with vitamin use and may include rash and pruritus.

#### Reporting of suspected adverse reactions

Reporting adverse reactions after authorization of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions to SAHPRA via the "6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications:

<https://www.sahpra.org.za/Publications/Index/8>

#### 4.9 Overdose

##### Symptoms

Large doses of ascorbic acid may cause diarrhoea and the formation of renal oxalate calculi.

##### Management

Treatment is supportive and symptomatic.

Should accidental overdose occur, discontinue use and consult a pharmacist or doctor.

### 5. PHARMACOLOGICAL PROPERTIES

#### 5.1 Pharmacodynamic properties

Category D Complementary Medicine – Health Supplement: 34:11 Vitamins.

This medicine is not intended for diagnose, treat, cure or prevent any disease.

#### 5.2 Pharmacokinetic properties

##### Absorption

Ascorbic acid is well absorbed from the gastrointestinal tract.

##### Distribution

Ascorbic acid is widely distributed to all tissues. Body stores of ascorbic acid normally are about 1.5 g. The concentration is higher in leucocytes and platelets than in erythrocytes and plasma.

##### Elimination

Ascorbic acid additional to the body's needs, generally amounts above 200 mg daily, is rapidly eliminated; unmetabolized ascorbic acid and its inactive metabolic products are chiefly excreted in the urine. The amount of ascorbic acid excreted unchanged in the urine is dose-dependent and may be accompanied by mild diuresis.

#### 5.3 Preclinical safety data

Not known.

### 6. PHARMACEUTICAL PARTICULARS

#### 6.1 List of excipients

Microcrystalline cellulose PH102

Silicon Dioxide

Magnesium stearate

#### 6.2 Incompatibilities

None known

#### 6.3 Shelf life

24 months

#### 6.4 Special precautions for storage

Store in a cool, dry place at or below 25 °C.

Store in the original package to protect from light and moisture.

Keep the container firmly closed.

Keep out of reach of children.

#### 6.5 Nature and contents of container

Plastic containers (securitainers) fitted with white plastic caps.

Pack sizes: 30

Not all pack sizes may be marketed.

#### 6.6 Special precautions for disposal

No special requirements for disposal. Any unused product should be disposed of in accordance with local requirements

### 7. THE HOLDER OF THE CERTIFICATE OF REGISTRATION

Astral Pharma (Pty) Ltd

125 Meade Street,

George,

6529,

South Africa

### 8. REGISTRATION NUMBER(S)

To be allocated

### 9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

To be determined

### 10. DATE OF REVISION OF TEXT

July 2022

XCP PI V1:2022

## PATIENT INFORMATION LEAFLET

### COMPLEMENTARY MEDICINE – Health Supplement

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

**SCHEDULING STATUS:** **S0**

### PRODUCT NAME, strength, pharmaceutical form

Xtreme C 1000 mg, tablets

**Read all of this leaflet carefully because it contains important information for you.** Xtreme C tablets is available without a doctor's prescription, for you to maintain your health. Nevertheless, you still need to use Xtreme C tablets carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Xtreme C tablets with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.

#### What is in this leaflet

1. What Xtreme C tablets is and what it is used for.
2. What you need to know before you take Xtreme C tablets.
3. How to take Xtreme C tablets.
4. Possible side effects.
5. How to store Xtreme C tablets.
6. Contents of the pack and other information.

#### 1. What Xtreme C tablets is and what it is used for

Xtreme C tablets belong to a group of medicines called vitamins. Xtreme C is also known as Vitamin C.

Xtreme C tablets supports healthy immune function and contributes to normal collagen formation which helps with wound healing and the development and maintenance of bones, cartilage, teeth and gums.

#### 2. What you need to know before you take Xtreme C tablets

Some medical conditions may interact with the product. Tell your pharmacist or doctor if you have any medical conditions, especially if any of the following applies to you:

- if you are allergic to the active ingredient(s) or any of the other ingredients of this medicine (listed in section 6).
- if you are pregnant, planning to become pregnant, or are breastfeeding.
- if you are taking any prescription or nonprescription medicine, herbal preparation, or dietary supplement.
- If you have allergies to medicines, foods, or other substances.
- If you have liver problems, or metabolism problems.

#### Warnings and precautions

Keep out of reach of children.

Talk to your doctor or pharmacist before taking Xtreme C tablets if you:

- have an allergic hypersensitivity to any of the ingredients.

Unless otherwise prescribed, do not exceed the stated daily dose. Vitamin supplements should not replace a balanced diet.

#### Other medicines and Xtreme C tablets

Always tell your health care provider if you are taking any other medicine. (This includes all complementary or traditional medicines).

Xtreme C tablets have no known interactions at the recommended daily dosage.

#### Pregnancy and breastfeeding

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby ask your doctor or pharmacist for advice before taking this medicine.

#### Driving and using machines

Xtreme C tablets has no known effect on your ability to drive or operate machinery.

#### 3. How to take Xtreme C tablets

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure. These tablets are to be taken by mouth. The recommended dose is:

Adults (including the elderly):

Take 1 tablet once a day, after food with a full glass of water.

Children (9-13 years old)

Take 1 tablet once a day, after food with a full glass of water.

Children (14-18 years old)

Take 1 tablet once a day, after food with a full glass of water.

The maximum daily dose is 1000 mg.

#### If you take more Xtreme C tablets than you should

If too many tablets are taken, consult your doctor or go to your nearest hospital casualty department IMMEDIATELY. Take the tablets or this leaflet with you so the doctor knows what has been taken.

#### If you forget to take Xtreme C tablets

If you miss a dose, do not take a double dose to make up for a forgotten dose, just resume your schedule and go on as before. If you are not sure what to do, ask your pharmacist.

#### If you stop taking Xtreme C tablets

Keep taking this medicine until your doctor or pharmacist tells you to stop. You may need to stop taking the tablets slowly as they may alter your kidney function.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

#### 4. Possible Side Effects

Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen while taking this medicine, please consult your pharmacist or doctor for advice.

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Allergic reactions have been reported with vitamin use and may include rash and pruritus. No common side effects have been reported with this product.

Stop taking this medicine immediately and consult your doctor if you suffer an allergic reaction after taking this medicine. An allergic reaction may include itching, a rash, swelling of the face, lips, tongue and/or throat with difficulty in swallowing or breathing.

#### Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

Reporting adverse reactions after authorization of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product.

Healthcare professionals are asked to report any suspected adverse reactions to SAHPRA via the "6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications:

<https://www.sahpra.org.za/Publications/Index/8>

#### 5. How to store Xtreme C tablets

KEEP THIS MEDICINE OUT OF THE SIGHT AND REACH OF CHILDREN.

Do not use this medicine after the expiry date which is stated on the carton. The expiry date refers to the last day of that month.

Store at or below 25 °C. Store in the original package to protect from light and moisture. Keep the container firmly closed.

Do not use this medicine if you notice discoloured tablets or any other signs of deterioration.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

#### 6. Contents of the pack and other information

##### What Xtreme C tablets contains:

Each tablet contains:

Ascorbic Acid 1000 mg

Citrus Bioflavonoid 10 mg

Other ingredients: Microcrystalline cellulose PH102, Silicon Dioxide, Magnesium stearate.

##### What Xtreme C looks like and contents of the pack

Xtreme C Tablets are round, off-white tablets with spots.

Xtreme C tablets are available in plastic containers (securitainers) fitted with white plastic caps.

Pack sizes: 30

Not all pack sizes may be marketed.

##### Holder of certificate of registration

Astral Pharma (Pty) Ltd

125 Meade Street,

George,

6529,

South Africa

##### This leaflet was revised in

July 2022

##### Access to the corresponding professional information

[www.astralpharma.co.za](http://www.astralpharma.co.za)

XCP PIL V1:2022

# PROFESSIONELE INLIGTING

## KOMPLEMENTÊRE MEDISYNE: Gesondheidsaanvulling

Hierdie ongeregistreerde medisyne is nie deur die SAHPRA geëvalueer vir sy kwaliteit, veiligheid of beoogde gebruik nie.

SKEDULERINGSSTATUS: **S0**

### 1. NAAM VAN DIE MEDISYNE

Xtreme C Tablette

### 2. KWALITATIEWE EN KWANTITATIEWE SAMESTELLING

Elke tablet bevat:  
Askorbiensuur 1000 mg  
Citrus Bioflavonoid 10 mg  
Vir die volledige lys van bymiddels, sien afdeling 6.1.

### 3. FARMASEUTIESE VORM

Ronde, witterige tablet met spikkels.

### 4. KLINIESE INLIGTING

#### 4.1 Terapeutiese indikasies

Xtreme C ondersteun gesonde immuun funksie en dra by tot normale kollageen vorming wat help met wondgenesing en die ontwikkeling en instandhouding van bene, kraakbeen, tande en tandvleis.

#### 4.2 Posologie en metode van administrasie

##### Posologie

##### Volwassenes:

Neem 1 tablet per dag, na 'n maaltyd met 'n glas water.

Maksimum daaglikse dosis is 1000 mg.

##### Bejaardes:

Soos vir volwassenes. Aangesien die dieëtinname van vitamien C minder in bejaardes kan wees, het hulle 'n groter risiko om aan 'n vitamien C-tekort te ly.

##### Kinders:

Kinders 9-13 jaar

Neem 1 tablet per dag, na 'n maaltyd met 'n glas water.

Kinders 14-18 jaar

Neem 1 tablet per dag, na 'n maaltyd met 'n glas water.

Moet nooit die voorgeskrywe dosis oorskry nie.

##### Metode van administrasie

Vir orale gebruik.

#### 4.3 Kontraindikasies

Hipersensitiwiteit vir die aktiewe bestanddele of enige van die hulpstowwe wat in afdeling 6.1 gelys word.

Hierdie is 'n vitamien aanvulling en die inname is nie om dit vir spesifieke vitamien tekort te gebruik nie.

#### 4.4 Spesiale waarskuwings en voorsorgmaatreëls vir gebruik

Hou buite bereik van kinders.

Tensy anders voorgeskryf, moet nooit die voorgeskrywe dosis oorskry nie. Vitamien en mineraal-aanvullings moet nie 'n gebalanseerde dieët vervang nie.

#### 4.5 Interaksie met ander medisinale produkte en ander vorme van interaksie

Geen bekend teen voorgeskrywe dosis nie.

#### 4.6 Vrughbaarheid, swangerskap en laktasie

##### Swangerskap en laktasie

Veiligheid in swangerskap en laktasie is nie vasgestel nie.

#### 4.7 Effekte op die vermoë om te bestuur en gebruik van masjinerie

Askorbiensuur het geen invloed op die vermoë om te bestuur of die gebruik van masjinerie nie.

#### 4.8 Ongewenste effekte

Allergiese reaksies is aangemeld met vitamien gebruik en sluit uitslag en jeuk in.

#### Rapportering van vermoedelike ongewenste effekte

Rapportering van vermoedelike ongewenste effekte na die magtiging van die medisyne is belangrik. Dit help met die monitoring van die voordele/ risiko balans van die medisyne. Gesondheidsorgkundiges word gevra om enige vermoedelike ongewenste effekte aan SAHPRA te rapporteer via die "6.04 Adverse Drug Reaction Reporting Form", wat aanlyn gevind word onder SAHPRA se publikasies: <https://www.sahpra.prg.za/publications/index/8>

#### 4.9 Oordosering

##### Simptome

Groot volumes askorbiensuur kan diarree en die vorming van nieroksalaat kalkuli veroorsaak.

##### Behandeling

Behandeling is ondersteunend en simptomaties.

Indien per ongeluk oordoseer, staak die gebruik en raadpleeg 'n geneesheer of kry mediese advies.

## 5. FARMAKOLOGIESE EIENSKAPPE

### 5.1 Farmakodinamiese eienskappe

Kategorie D Komplementêre Medisyne – Gesondheidsaanvulling: 34:11 Vitamien

Hierdie medisyne is nie bedoel om enige siekte te diagnoseer, behandel, genees of te voorkom nie.

### 5.2 Farmakokinetiese eienskappe

#### Absorpsie

Askorbiensuur word goed geabsorbeer uit die spysverteringskanaal.

#### Verspreiding

Askorbiensuur word wyd versprei na alle weefsels. Storing van askorbiensuur in die liggaam is gewoonlik ongeveer 1.5 g. Die konsentrasie is hoër in leukosiete en plaatjies as in eritosiete en plasma.

#### Eliminasie

Addisioneel tot die liggaam se behoefte van Askorbiensuur is oor die algemeen bo 200 mg daaglik, dit word vinnig uitgeskakel; ongemetaboliseerde askorbiensuur en sy onaktiewe metaboliese produkte word hoofsaaklik in die urine uitgeskei. Die hoeveelheid askorbiensuur wat onveranderd in die urine uitgeskei word, is dosis afhanklik en kan ligte diuresis veroorsaak.

### 5.3 Prekliniese veiligheidsdata

Nie bekend nie.

## 6. FARMASEUTIESE BESONDERHEDE

### 6.1 Lys van bymiddels

Mikrokristallyne sellulose PH102

Silikoondioksied

Magnesiumstearaat

### 6.2 Onverenigbaarheid

Geen bekend nie

### 6.3 Rakleeffyd

24 maande

### 6.4 Spesiale voorsorgmaatreëls vir berging

Berg in 'n koel, droë plek by of benede 25 °C.

Bêre in die oorspronklike verpakking om teen teen lig en vog te beskerm.

Hou die houers stewig toe.

Hou buite bereik van kinders.

### 6.5 Aard en inhoud van die houers

Plastiek houers met 'n wit plastiek deksel.

Verpakkings: 30

Nie alle verpakkings mag dalk bemark word nie.

### 6.6 Spesiale voorsorgmaatreëls vir vernietiging.

Geen spesiale vereistes vir vernietiging nie. Enige ongebruikte produk moet vernietig word in ooreenstemming met plaaslike vereistes.

## 7. DIE HOUER VAN DIE REGISTRASIESERTIFIKAAT

Astral Pharma (Pty) Ltd

125 Meadestraat,

George,

6529,

Suid-Afrika

## 8. REGISTRASIENOMMER

Moet toegeken word.

## 9. DATUM VAN EERSTE MAGTIGING/HERNUWING VAN DIE MAGTIGING

Moet bepaal word

## 10. DATUM VAN HERSIENING VAN TEKS

Julie 2022

XCP PI V1:2022

# PASIËNTINLIGTINGPAMFLET

## KOMPLEMENTÊRE MEDISYNE – Gesondheidsaanvulling

Hierdie ongeregistreerde medisyne is nie deur die SAHPRA geëvalueer vir sy kwaliteit, veiligheid of beoogde gebruik nie.

SKEDULERINGSSTATUS: **S0**

### PRODUK NAAM, sterkte, farmaseutiese vorm

Xtreme C, 1000 mg, tablette

Lees hierdie inligtingspamflet sorgvuldig aangesien dit belangrike inligting bevat vir jou.

Xtreme C tablette is beskikbaar sonder 'n dokter se voorskrif, om jou algemene gesondheid te handhaaf. Jy moet egter steeds Xtreme C tablette versigtig gebruik om die beste resultate daaruit te kry.

• Hou hierdie inligtingspamflet. Dit mag dalk nodig wees om dit weer te lees.

• Moenie Xtreme C tablette met enige ander persoon deel nie.

• Vra jou gesondheidsorgkundige of apteker as jy meer inligting of advies benodig.

### Wat is in hierdie pamflet

1. Wat Xtreme C tablette is en waarvoor dit gebruik word.

2. Wat jy moet weet voordat jy Xtreme C tablette neem.

3. Hoe om Xtreme C tablette te neem.

4. Moontlike nuwe effekte.

5. Hoe om Xtreme C tablette te stoor.

6. Inhoud van die houers en ander inligting.

### 1. Wat Xtreme C tablette is en waarvoor dit gebruik word

Xtreme C tablette behoort aan 'n groep medisyne wat vitamienes genoem word. Xtreme C tablette staan ook bekend as Vitamien C.

Xtreme C tablette ondersteun gesonde immuun funksie en dra by tot normale kollageen vorming wat help met wondgenesing en die ontwikkeling en instandhouding van bene, kraakbeen, tande en tandvleis

### 2. Wat jy moet weet voordat jy Xtreme C tablette neem

Sommige mediese toestande kan 'n interaksie met hierdie produk hê. Raadpleeg altyd jou apteker of dokter indien enige van die volgende van die mediese toestande op jou van toepassing is:

• As jy swanger is, beplan om swanger te raak, of borsvoed.

• As jy swanger is, beplan om swanger te raak, of borsvoed.

• As jy allergies tot medisyne, kos of enige ander stowwe het.

• As jy lewer probleme, of metabolisme probleme het.

### Waarskuwings en voorsorgmaatreëls

Hou buite bereik van kinders.

Praat met jou dokter of apteker voordat jy Xtreme C tablette neem:

• Indien jy 'n allergiese hipersensitiwiteit het teenoor enige van die bestanddele

Tensy anders voorgeskryf, moenie die voorgeskrywe dosis oorskry nie. Vitamien en mineraal-aanvullings moet nie 'n gebalanseerde dieët vervang nie.

### Neem van ander medisyne saam met Xtreme C tablette.

Vertel altyd vir jou gesondheidsorgkundige as jy enige ander medisyne neem. (Dit sluit alle komplementêre of tradisionele medisyne in).

Xtreme C tablette het geen bekende interaksies by die voorgeskrywe daaglikse dosis nie.

### Swangerskap en borsvoeding

As jy swanger is of borsvoed, dink jy kan swanger wees of beplan om 'n baba te hê vra jou dokter of apteker vir advies voordat hierdie medisyne geneem word.

### Vermoë om te bestuur en die gebruik van masjinerie

Xtreme C tablette het geen bekende uitwerking op jou vermoë om te bestuur of masjinerie te gebruik nie.

### 3. Hoe om Xtreme C tablette te neem

Neem altyd hierdie medisyne presies soos beskryf in hierdie pamflet of soos deur jou dokter of apteker aanbeveel. Indien jy onseker is, praat met jou dokter of apteker. Hierdie tablette moet per mond geneem word. Die voorgeskrywe dosis is:

Volwassenes (insluitend bejaardes):

Neem 1 tablet een keer per dag, na 'n maaltyd met 'n glas water.

Kinders (9-13 jaar)

Neem 1 tablet per dag, na 'n maaltyd met 'n glas water.

Kinders (14-18 jaar)

Neem 1 tablet per dag, na 'n maaltyd met 'n glas water.

Die maksimum daaglikse dosis is 1000 mg.

### As jy meer Xtreme C tablette neem as wat jy moet

As jy veel Xtreme C tablette geneem word, raadpleeg jou dokter of gaan onmiddellik na jou naaste hospitaal ongevalle departement. Neem die tablette of hierdie pamflet saam met jou sodat die dokter weet wat geneem is.

### As jy vergeet om Xtreme C tablette te neem

In die geval van oordosering, raadpleeg u dokter of apteker. Indien hul nie beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum. As jy nie seker is wat om te doen nie, vra jou apteker.

### As jy Xtreme C tablette staak

Hou aan om hierdie medisyne te gebruik totdat jou dokter of apteker jou vertel om dit te staak. Jy moet dalk geleidelik ophou om die tablette te gebruik, dit kan jou nier funksie verander.

As jy enige verdere vrae oor die gebruik van hierdie medisyne het, vra jou dokter of apteker.

### 4. Moontlike nuwe-effekte

Nie alle nuwe-effekte soos gerapporteer is in die inligtingspamflet ingesluit nie. Indien jou algemene gesondheid agteruitgaan terwyl jy die medisyne neem, raadpleeg jou apteker of dokter.

Soos alle ander medisyne, kan Xtreme C tablette ook nuwe-effekte veroorsaak, alhoewel nie almal dit kry nie.

Allergiese reaksies is aangemeld met vitamien gebruik en sluit uitslag en jeuk in.

Geen algemene nuwe-effekte is aangemeld met die gebruik van hierdie produk nie.

Staak dadelik die gebruik van Xtreme C tablette en raadpleeg jou dokter onmiddellik as jy 'n allergiese reaksie kry na die neem van hierdie medisyne. 'n Allergiese reaksie kan jeuk, 'n uitslag, swelling van die gesig, lippe, tong en / of keel wat probleme om te sluk of asem te haal insluit.

### Rapportering van vermoedelike ongewenste effekte

Rapportering van vermoedelike ongewenste effekte na die magtiging van die medisyne is belangrik. Dit help met die monitoring van die voordele/ risiko balans van die medisyne. Gesondheidsorgkundiges word gevra om enige vermoedelike ongewenste effekte aan SAHPRA te rapporteer via die "6.04 Adverse Drug Reaction Reporting Form", wat aanlyn gevind word onder SAHPRA se publikasies: <https://www.sahpra.prg.za/publications/index/8>

### 5. Hoe om Xtreme C tablette te stoor

HOU HIERDIE MEDISYNE BUITE DIE OË EN BEREIK VAN KINDERS.

Moenie hierdie medisyne gebruik na die vervaldatum wat op die verpakking aangedui word nie. Die vervaldatum verwys na die laaste dag van daardie maand.

Berg by of benede 25 °C. Bêre in die oorspronklike verpakking om teen teen lig en vog te beskerm. Hou die houers stewig toe.

Moenie hierdie medisyne gebruik as jy verkleurde tablette of enige ander tekens van agteruitgang opmerk nie.

Moenie enige medisyne uit die afvalwater of huishoudelike afval weggooi nie. Vra jou apteker hoe om medisyne weg te gooi wat jy nie meer gebruik nie. Hierdie maatreëls sal help om die omgewing te beskerm.

### 6. Inhoud van die houers en ander inligting

#### Wat Xtreme C tablette bevat:

Elke tablet bevat:

Askorbiensuur 1000 mg

Citrus Bioflavonoid 10 mg

Ander bestanddele: Mikrokristallyne sellulose PH102, Silikoondioksied,

Magnesiumstearaat.

#### Hoe Xtreme C lyk en inhoud van die houers

Xtreme C Tablette is ronde, witterige tablette met spikkels.

Xtreme C tablette is beskikbaar in plastiek houers toegerus met wit plastiek deksels.

Pak groottes: 30

Nie alle verpakkings mag dalk bemark word nie.

#### Houer van sertifikaat van registrasie

Astral Pharma (Pty) Ltd

125 Meadestraat,

George,

6529,

Suid-Afrika

#### Hierdie pamflet is hersien in

Julie 2022

#### Toegang tot die Professionele inligting

[www.astralpharma.co.za](http://www.astralpharma.co.za)

XCP PIL V1:2022

Pro-Print



**PRO-PRINT (PTY) LTD**  
THE PROFESSIONALS IN PRINT

**REPRO**

**Date:** 02 August 2022  
**Operator:** Jacky Pistorius  
**Customer:** Astral Pharm  
**Product Name:** Xtreme C Tablets With Bios - COMBO  
**Product Code:** XCP PI V1:2022  
XCP PIL V1: 2022  
**Dimensions:** 100mm x 650mm  
**Fold Size:** 100mm x 40mm  
**Colours: (1)** Black  
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**Barcode:** --  
**Pharmacode:** (Ref. 32) 11110  
**Stock:** 40gsm  
**Proof Status:** 3rd (Third)

**Proof read by:** \_\_\_\_\_

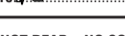
**Reset:**  **Alterations:**  **Disk/Possie:**

**No alterations – proceed as soon as possible**

**Note alterations – Further proof is required**

**PLEASE CHECK CAREFULLY.**

Although we endeavour to proof accurately, we cannot accept responsibility for errors once proofs are signed and accepted by our clients.

**Signature:**  **Date:** 03/08/2022

**PROOF NOT READ – NO COPY SUPPLIED**